

### LIKE A TREE PLANTED

A three day devotional on less than one verse of Psalm 1

BY MATT BROUGH

SPIRITUALITYFORORDINARYPEOPLE.COM



### WHY A DEVOTIONAL ON LESS THAN ONE VERSE?

Sometimes we are overwhelmed by long Scripture reading plans with long readings. This devotional is meant to be an example of how you can read shorter verses of the Bible and spend longer reflecting on what might seem like a small insight.

In many ways you don't need this devotional. Just read the Bible. Start with the Psalms, or with a gospel and stop when a sentence strikes you in a certain way. There might be one word or phrase that you want to focus on for the day. Reflect on it, carry it with you as you go, sink into the truth of it for you.

Reading long portions of the Bible is a good thing, but sometimes we just need a word or part of a verse. Sometimes we need to get in the habit of reading so we need something shorter. Perhaps this little devotional can help rekindle a pattern of deeper engagement with Scripture.



# DAY 1 BY STREAMS OF WATER

**PSALM 1:3** 

Psalm 1 begins with the words "happy are those who do not follow the advice of the wicked..." From there you don't have to get go very far before you encounter a stunning and beautiful image.

The first half of verse 3 says, "They are like trees planted by streams of water."

If this is the only verse you read today, you can go throughout your day thinking about what it means to be connected to God.

You are like a tree planted by streams of water. Your roots go deep. You are nourished by the source of life.



### DAY 2 FRUIT IN SEASON

**PSALM 1:3** 

On day two, you read on in verse three of Psalm 1 to find the trees planted by the streams of water "yield their fruit in season."

Today, think about what it means for you to yield fruit. Reflect further and ask, without feeling good or bad about it, whether you are "in season" or not.

Perhaps, you aren't in a fruit bearing season right now and that's okay. Another season will come eventually.

What kind of season are you in right now?



## DAY 3 NOT WITHERED

PSALM 1:3

On day three, you read the end of verse three and discover the leaves of the tree do not wither.

This wonderful verse concludes with "In all that they do they prosper."

Even if you feel like you are in a dry season, prosperity in God may be around the corner. It may not always look how you expect, but planted by the source of life, the Spirit of God, your leaves are still intact - they are not withered.

Take the day to notice that you are not withered. There is life in you yet.



#### CONNECTING MORE

#### VISIT SPIRITUALITYFORORDINARYPEOPLE.COM

In 2017 I started the Spirituality Ordinary People Website and Podcast to host conversations and provide tips around the broad subject of connecting with God. You can find audio interviews with authors, pastors, artists and other ordinary folk, as well as blog posts, and helpful resources for your own spirituality.

Matt Brough

<u>SpiritualityForOrdinaryPeople.com</u>

